

Girls Tennis: Parent Letter of Commitment 2016

In consideration of my daughter's position on the OHS Girls Varsity Tennis Team, I will adhere to the following expectations:

- I will be courteous and respectful toward all players, parents, opponents, officials, and Coaches at all times.
- My daughter will arrive on time and be prepared each day to practice/compete with all proper equipment, footwear, and clothing.
- My daughter and I will refrain from using profanity.
- My daughter and I will adhere to all USTA rules and regulations regarding sportsmanship and attitude (i.e. – NOT throwing racquets, hitting balls in anger, refusing to shake opponent's hand after match)
- We will not post negative/disparaging content about our matches, teammates or opponents on social media.
- We will come to the Coach first with any concerns/problems.
- We will maintain positive attitudes even on difficult or challenging days.
- I will be mindful that my words effect my daughter's perception of herself, as well as the other members the team to which we have made a commitment, and will strive to develop constructive criticism, when necessary, as a means of communication.
- We understand that playing time and position will be the decision of the Coach, based on multiple factors that fluctuate each week.
- Finally, I understand that this is the "Oakton Cougars" Tennis Team, and my daughter is an individual playing on a "TEAM" and decisions will be made for the greatest benefit of the "TEAM".

By signing this agreement, I acknowledge these expectations and understand that a violation of the above statements may result in my being asked to leave the premises for the remainder of practice/the match for the respective day.

Signature: First & Last Name

Date